



NC Department of Health and Human  
Services

## NC Comprehensive Suicide Prevention Advisory Council (CSPAC) Meeting

May 10, 2023

# Welcome to the Comprehensive Suicide Prevention Advisory Council (CSPAC) Meeting

- For questions during the meeting:
  - Please put your questions in the chat box, which will be monitored for the duration of the meeting. **Note:** you need to send to all panelists and attendees to ensure your question is addressed in a timely manner.
  - If you would like to ask a question to a specific presenter, please be sure to include their name in your question.
- The meeting recording, agenda and PowerPoint slides will be added to IFNC website after the meeting.

# Meeting Goals

1. Provide platform for peer-led learning
2. Share updates on CSP activities

# CSPAC Ground Rules

- No one knows everything but together we know a lot
- Recognize the limits of your perspective
- Take space, make space
- We can't be articulate all the time (half-baked ideas are welcome)

# Agenda

- Welcome
- Member presentation: *Youth Risk Behavior Survey* Updates
  - Ellen Essick, PhD, Division of Public Instruction
- Member presentation: Firearm Safety Legislation Updates
  - Kella Hatcher, JD, North Carolina Child Fatality Task Force
- CSP Program Updates
  - Jane Ann Miller, MPH and Abby Coffey, MPH, CHES, Injury and Violence Prevention Branch
- Share updates on suicide prevention practices, activities
  - CSP team
- Share member updates
  - CSPAC members
- Closing and announce next meeting

# *Youth Risk Behavior Survey* Updates

*Ellen Essick*

# Firearm Safety Initiative Legislation Updates

*Kella Hatcher*

# Peer Warmline

***Lisa DeCiantis***



# *How to be an Ally* Training

*Jane Ann Miller*

# Faith Leaders for Life: Evaluation and Future Steps

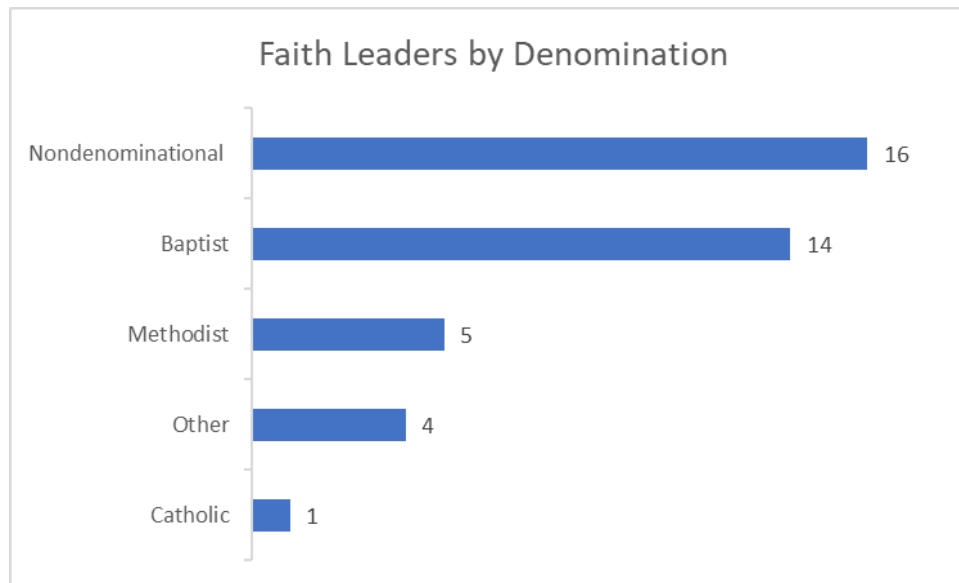
*Abby Coffey*

# Faith Leaders for Life

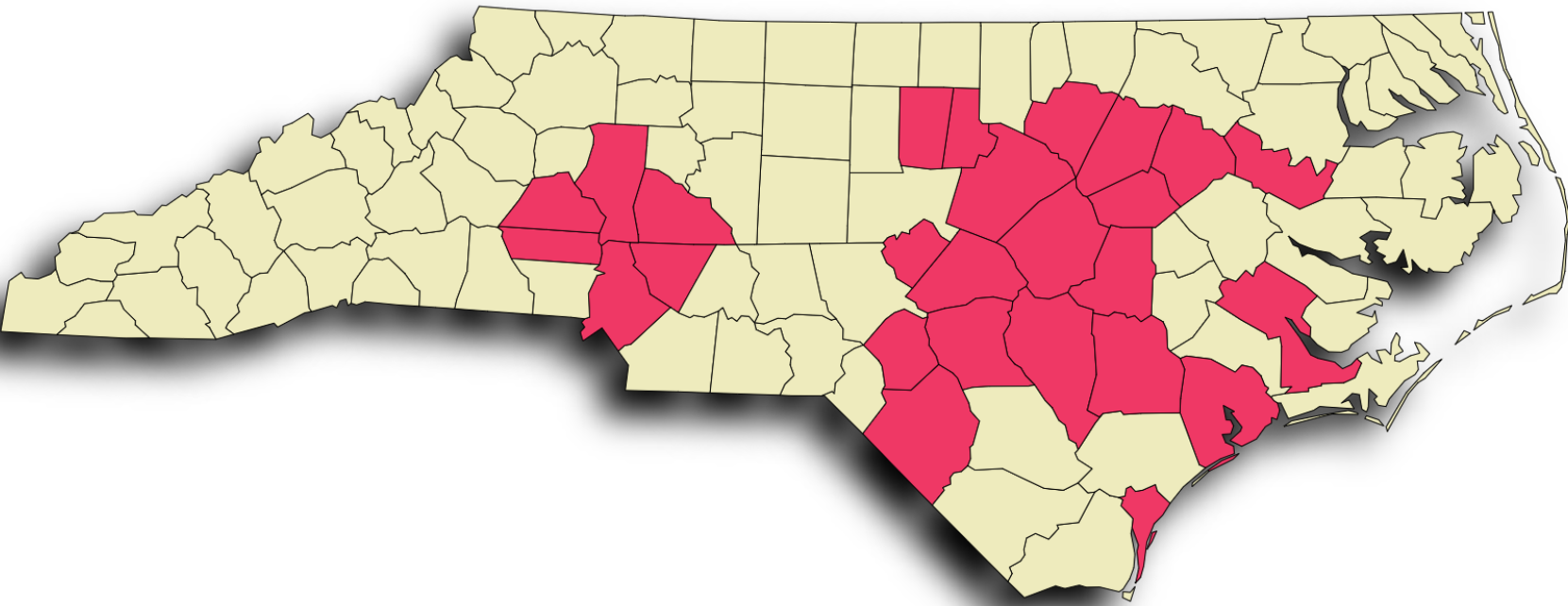
- Program purpose
- Program description
  - Provide LivingWorks Faith
  - Convene 5 weekly discussion groups for faith leaders
  - Each faith leader is given 10 licenses for LivingWorks Start
  - Participant follow up

# Participant Demographics

- Demographics of participants
  - 43 faith leaders, 102 congregants
  - 35/43 leaders represent Black, Indigenous and People of Color (BIPOC) congregations
  - Leaders serving approximately 24,740 NC congregants



# Geographic Spread of Participants



# Knowledge, Skills, and Beliefs

- Significant increase in knowledge
  - 83% of participants showed overall increase in knowledge
  - Pretest avg=7.6, posttest avg=11.8,  $p=0.0002$
- Significant increase in skill level
  - 77% of participants showed overall increase in skill
  - Pretest avg=6.3, posttest avg=10.8,  $p=0.00008$
- Marginal increase in suicide related beliefs
  - 37% of participants showed overall improvements in belief
  - Change was not significant ( $p=0.09$ )

# Actionable Changes to Congregations

- Over 50 instances of connecting congregants to care at 3-month follow up
- Leaders have done the following activities:
  - Connected people to mental health care
  - Had conversations with people about their suicidality
  - Had sermons which addressed mental health and/or suicide

# Quote from FLFL Participant

When asked what their favorite part of the training was...

"[My favorite parts were] the reflections and thoughts of spiritual leaders, the stories shared by those who lost a loved one to suicide, the ease of navigating the online program, the scenarios that went with TASC, the detail of the video, and the other conversations that really brought this to life for me."



# Feedback from FLFL Participants

This was an amazing, life changing training. It has provided me the skill set to have tough conversations. This training has enabled me to also speak with my church in ways in which we can strengthen our ministry.


I found this extremely helpful and have already put what I learned into use.

# Information on How to Get Involved

- Connect with trained faith leaders in your area; information provided by NC IVPB.
- Request flyer by email.
- Email [abigail.coffey@dhhs.nc.gov](mailto:abigail.coffey@dhhs.nc.gov) to receive the current application (open 5/1-5/15).

## Faith Leaders for Life (FLFL)

Prevent suicide. Protect life. Promote Hope.  
A suicide prevention program for faith communities.



? Have you had a suicide loss or suicide attempt in your community? Would you like to learn how to prevent suicide and provide care after a loss?

Faith Leaders for Life (FLFL) is a free program for faith communities that involves:

**ONLINE TRAINING**  
Participants receive 7 hours of online training, including powerful videos with suicide loss survivors and faith leaders talking through how to manage the needs of a community to prevent loss, respond and provide postvention services related to suicide. Note - this training can be started and stopped at any time; you don't have to do it all at once.


**VIRTUAL BOOK CLUB**  
Every week for 4 weeks, 20+ faith leaders will meet to talk about a section of the online training. A trained facilitator with experience in North Carolina faith communities and suicide prevention will lead the book club. The book club is a great opportunity to deepen understanding of the training and it provides a chance to talk with fellow faith leaders about challenges, barriers, and opportunities.

**CONTACT LIST** A contact list of FLFL participants is provided so that all participants can reach out to each other in times of need. This program is actively engaged in building partnerships across faith traditions and the state.

**UPCOMING FLFL GROUPS INCLUDE:**

- Summer 2023 #1: May 25 - June 22
- Summer 2023 #2: July 13 - August 10
- Fall 2023: TBD
- Winter 2023: TBD

To apply for this training or get more information, please contact:  
**ABBY COFFEY**  
[abigail.coffey@dhhs.nc.gov](mailto:abigail.coffey@dhhs.nc.gov)



NC DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Chronic Disease and Injury Section • Injury and Violence Prevention Branch  
<https://injuryfreenc.dph.ncdhhs.gov/> • NCDHHS is an equal opportunity employer and provider • 02/2023

# CSP Updates

*CSP Team*

# New: Office of Violence Prevention

- Governor signed executive order to create Office of Violence Prevention located within NC Department of Public Safety
- Focus on reducing violence and firearm misuse
- Activities will include best practice guidance, public awareness campaigns, data sharing

<https://www.ncdps.gov/news/press-releases/2023/03/14/governor-cooper-signs-executive-order-establishing-state-office-violence-prevention>

# Office of Violence Prevention: NC S.A.F.E.

- Safe firearm storage initiative: NC Storing All Firearms Effectively (NC S.A.F.E.)
- June 4-10, 2023: Statewide Week of Action to encourage communities to safely store firearms
- Shareable content including social media graphics available



# 2022 State Health Improvement Plan

- Continuing to make progress!
- Healthy North Carolina 2030
- Health Indicator #19: suicide rate
- 2030 Target: reduce suicide rate from 13.8 to 11.1 (age-adjusted deaths from self-harm per 100,000 people)
- Co-leads for SHIP work: Catherine English & Sue Anne Pilgreen

# 2022 State Health Improvement Plan

#	Policy (Levers for Change)	DPH Work Update
1	Implement policies targeted to decrease access to lethal means	4 firearm safety teams (FST) attended Spring 2023 training by Durham. Connected 3 FSTs to Office of Violence Prevention for June community awareness events.
2	Increase programs that provide mental health services and support for LGBTQ+ youth	Trainer curriculum for Ally training has been finalized. T4T held in April 2023.
3	Increase programs that provide mental health services and support for military veterans	Gatekeeper training has been provided to 43 faith leaders, 102 members of faith communities, and approximately 174 individuals who intersect with veterans.
4	Create trauma-informed schools with access to mental health providers	Achieved goal of working with DPI on SP training and education for staff; see update on Ally training above.
5	Modernization of data systems	DPH is currently working on this lever.
6	Expand rapid access to crisis services, including implementing the national 988 numbers	DPH continues to include 988 and publicity materials in presentations at local and state level. Presented newest materials at CSPAC.

# ***Kaiser Report: Americans' Experiences With Gun-Related Violence, Injuries, And Deaths***

- **Key findings:**
  - 54% of adults report being personally affected or having a family members who has been personally affected by gun violence
  - Experiences with gun-related incidents common for American adults
  - Gun-related deaths and injuries, along with fears about gun violence, disproportionately affect people of color in the U.S.
  - 84% of adults say they have taken at least one precaution to protect themselves or family member(s) from gun violence
  - Only 14% of adults say a doctor has asked them about having a gun in the home
  - 40% of adults report living in a household with at least one gun

<https://www.kff.org/other/poll-finding/americans-experiences-with-gun-related-violence-injuries-and-deaths/>



# New 988 Communication Materials

- New materials available for May (Mental Health Awareness Month)
- Updates to 988 Partner Toolkit
- New social media shareables



Meditation Video



<https://www.samhsa.gov/find-help/988/partner-toolkit>

# 988 Communication Materials



# Needs Assessment: 2024 National Strategy for Suicide Prevention

- The National Action Alliance for Suicide Prevention is collecting feedback to inform the updated 2024 NSSP (last updated in 2012)
- NSSP provides strategic direction, goals, and objectives to guide suicide prevention in the U.S.
- Feedback is anonymous
- Takes approx. 10 min to complete the survey
- Deadline: May 12

<https://survey.alchemer.com/s3/7302597/nationalstrategy-assessment>



INJURY PREVENTION  
RESEARCH CENTER

# NC CSP Conference Presentation

- The NC CSP Team traveled to Portland, OR in April for the 56<sup>th</sup> Annual American Association of Suicidology Conference.
- Presented a breakout session with LivingWorks to share the Faith Leaders for Life initiative



# Success: ASIST T4T (March 2023)

- 24 new ASIST Trainers providing statewide coverage



# Upcoming CSP Activities

- Summer 2023:
  - CALM Train-the-Trainer (for RFA recipients)
  - Firearm Safety Teams Coalition Planning Meeting
  - Faith Leaders for Life, Discussion Groups 4 & 5
- Fall 2023
  - Launch Firearm Safety Teams Coalition
  - October: Healing Summit for FLFL Participants (coincides with Spiritual Care Week)
  - ASIST Workshop
- Spring 2024
  - ASIST Train-the-Trainer
  - CALM Train-the-Trainer

# Member & Guest Announcements/Events

*CSPAC Members and Guests*

# Event Announcement

- 1st Annual Suicide Prevention Symposium hosted by Hoke County Health Department
- May 12, 2023, from 5:30-8:00 pm
- Contact: Isley Cotton, [icotton@hokehealth.org](mailto:icotton@hokehealth.org)





# Member and Guest Announcements

- Please share any upcoming events or activities that may be of interest to CSPAC attendees
- Can share in chat or unmute

# Reminder: CSPAC Membership

- If interested in joining CSPAC, please fill out brief membership form.
- Members will have access to recorded meetings and slides after each meeting.
- Member or guest, we hope you'll join us at the August 2023 meeting!

# Closing

- Thank you for attending the CSPAC meeting!
- Please complete CSPAC evaluation
- For questions, please contact Anne Geissinger at [anne.geissinger@dhhs.nc.gov](mailto:anne.geissinger@dhhs.nc.gov)

## Upcoming Meetings – invite a colleague!

- August 9, 2023, 10:00 – 11:30 AM
- November 8, 2023, 10:00 – 11:30 AM