



NC Department of Health and Human
Services

NC Comprehensive Suicide Prevention Advisory Council (CSPAC) Meeting

February 8, 2023

Welcome to the Comprehensive Suicide Prevention Advisory Council (CSPAC) Meeting

- For questions during the meeting:
 - Please put your questions in the chat box, which will be monitored for the duration of the meeting. **Note:** you need to send to all panelists and attendees to ensure your question is addressed in a timely manner.
 - If you would like to ask a question to a specific presenter, please be sure to include their name in your question.
- The meeting recording, agenda and PowerPoint slides will be added to IFNC website after the meeting.

Meeting Goals

1. Provide platform for peer-led learning
2. Share updates on CSP activities
3. Share data updates

CSPAC Ground Rules

- No one knows everything but together we know a lot
- Recognize the limits of your perspective
- Take space, make space
- We can't be articulate all the time (half-baked ideas are welcome)

Agenda

- Welcome
- Member presentation: *How to Be an Ally* training
 - Lillian Pinto, Department of Public Instruction
- Member presentation: ASIST Workshops
 - Rebecca Freeman, Division of Adult & Aging Services
- Member presentation: Stop Soldier Suicide Partnership with Atrium
 - Buck Waid, Stop Soldier Suicide
- Share updates on suicide prevention practices, activities
 - CSP team
- Share member updates
 - CSPAC members
- Closing and announce next meeting

How to Be an Ally Training

Lillian Pinto

Applied Suicide Intervention Skills Training (ASIST) Workshops

Rebecca Freeman

Stop Soldier Suicide Partnership with Atrium

Buck Waid

Stop Soldier Suicide / Atrium One Health Partnership (NC DHHS Grant)

- A joint planning process between Atrium Healthcare senior leadership and SSS to improve primary care identification of veteran patients, utilize PHQ-9 screen embedded in the Atrium's EPIC EHR, and refer potentially at-risk patients to SSS for further assessment
 - Clients at imminent risk are referred to ER or in-system behavioral health care
- 3 Atrium PC clinics identified for roll-out implementation
- SSS's sub-brand ROGER is the public-facing portal due to Atrium leadership's preference for a more generic referral partner (although direct referral to Stop Soldier Suicide may be made in provider's discretion)
- Ongoing documentation of the planning process and implementation SOPs for later replication
- Referrals and data will be tracked at the specific clinic level and reported back to Atrium
- With 40 hospitals, Atrium Health is the 19th largest healthcare system in the U.S.

CSP Updates

CSP Team

2022 State Health Improvement Plan

- Continuing to make progress!
- Healthy North Carolina 2030
- Health Indicator #19: suicide rate
- 2030 Target: reduce suicide rate from 13.8 to 11.1 (age-adjusted deaths from self-harm per 100,000 people)
- Co-leads for SHIP work: Catherine English & Sue Anne Pilgreen

2022 State Health Improvement Plan

#	Policy (Levers for Change)	DPH Work UPDATE
1	Implement policies targeted to decrease access to lethal means	2 firearm safety teams (FST) currently attending January & February training by Durham.
2	Increase programs that provide mental health services and support for LGBTQ+ youth	Trainer curriculum for Ally training has been finalized. Currently awaiting date for T4T.
3	Increase programs that provide mental health services and support for military veterans	Gatekeeper training has been provided to 43 faith leaders, 42 members of faith communities, and approximately 126 individuals who intersect with veterans.
4	Create trauma-informed schools with access to mental health providers	Working with DPI on SP training and education for staff; see update on Ally training above.
5	Modernization of data systems	DPH is currently working on this lever.
6	Expand rapid access to crisis services, including implementing the national 988 numbers	DPH continues to include 988 and publicity materials in presentations at local and state level.

Start with Veterans

Reminder: CSPAC Membership

- If interested in joining CSPAC, please fill out brief membership form.
- Members will have access to recorded meetings and slides after each meeting.
- Member or guest, we hope you'll join us at the May 2023 meeting!

Upcoming CSP Activities

- Spring 2023:
 - ASIST Train-the-Trainer (applications closed)
 - Faith Leaders for Life, Discussion Group 3
 - Present at NC Public Health Leaders Conference
- Summer 2023:
 - CALM Train-the-Trainer (for RFA recipients)
 - Firearm Safety Teams Coalition Planning Meeting
 - Faith Leaders for Life, Discussion Group 4
- Fall 2023
 - Stay tuned!

Data Updates

Shana Geary

Member & Guest Announcements/Events

CSPAC Members and Guests

Member and Guest Announcements

- Please share any upcoming events or activities that may be of interest to CSPAC attendees
- Can share in chat or unmute

Member Announcement



AFSP-NC Chapter Leadership:

- Catherine English (State Director)
- Dr. Amanda McGough, Ph.D. (President)
- Keon Lewis (Board Chair)

- AFSP-NC was recently honored at the American Foundation for Suicide Prevention's 18th Annual Chapter Leadership Conference
- Received 5 prestigious awards
 - Century Award (3)
 - Top 10 National Fundraising for Campus Walks
 - Chapter of the Year Award for Mid-Size Market

Event Announcement

- 1st Annual Suicide Prevention Symposium hosted by Hoke County Health Department
- May 12, 2023 from 5:30-8:00 pm
- Contact: Isley Cotton, icotton@hokehealth.org



Event Announcement

- Unity in the Community: Linking Lives in Allegheny County
- April 15, 2023 from 1-5 pm
- Sponsored by Allegheny Lives & Allegheny Wellness Coalition



Unity in the Community: Linking Lives in Allegheny County

Join us for an afternoon of connecting, building relationships and getting to know your neighbors; working together to create a healthy, more compassionate community.

- **SPEAKERS**
 - Julia Simmons, Allegheny Lives Board Chair and Founding Member
 - Mike Tanner, President of NAMI High Country
 - Julie Wood, sharing on the loss of her son. Author of [Changing the Message](#)
- **RESOURCE TABLES**
- **CHILDREN'S ACTIVITIES**
- **DOOR PRIZES**
- **FOOD, DRINKS AND SNACKS**
- **COMMEMORATIVE WALK** to remember those lost to suicide and in support of those left behind.

***We are better and stronger together
because we do not walk alone.***

**April 15, 2023
1:00 p.m. to 5:00 p.m.
Crouse Park, Sparta**

**Alternate Location for inclement
weather will be at the Emerson
Black Bldg on Hwy 21**

**Sponsored by :
Allegheny Lives &
Allegheny Wellness Coalition**



Event Announcement



Unidad en la Comunidad:

Uniendo vidas en el Condado de Allegheny

Venga a disfrutar con nosotros una tarde para conectar, construir relaciones, conocer a sus vecinos y trabajar juntos para crear una comunidad sana y más compasiva.

- **Presentadores:**
 - Julia Simmons, Presidenta de la Junta Directiva de Allegheny y Miembro Fundadora
 - Mike Tanner, Presidente de ANEM High Country (Alianza Nacional de Enfermedades Mentales)
 - Julie Wood, estará compartiendo sobre la pérdida de su hijo. Autor de Cambiando el Mensaje (Changing the Message)
- MESAS DE RECURSOS
- ACTIVIDADES PARA NIÑOS
- PREMIOS EN LA ENTRADA
- BEBIDAS Y BOCADILLOS GRATIS
- UN PASEO CONMEMORATIVO para recordar a los que hemos perdido por el suicidio y a los familiares y amigos que sufrieron las pérdidas

Somos mejores y más fuertes juntos porque no caminamos solos.

El 17 de Abril del 2023
1:00 pm a 5:00 pm
Crouse Park, Sparta

Ubicación alternativa debido a las inclemencias del tiempo: Edificio Emerson Black en la Highway 21 (en el recinto de la feria)

Patrocinado por:
Allegheny Lives y Allegheny Wellness Coalition (La Coalición de Bienestar de Allegheny)



Resource Announcement

MENTAL HEALTH AMERICA OF CENTRAL CAROLINAS

**FREE
COUNSELING
CENTER**

Increasing access to care by providing free short-term counseling for individuals in Mecklenburg county

Our Center's Mission:

1. Offer free counseling in a trauma-informed space to communities that otherwise may not have access to mental health support.
2. Increase the pipeline of clinicians of color by providing an immersive experience for our intern counselors.

- Mental Health America of Central Carolinas launched MHA Counseling Center
- No-cost counseling for uninsured and underinsured individuals in Mecklenburg County
- Located in Charlotte, NC
- <https://mhaofcc.org/program/counseling>

Closing

- Thank you for attending the CSPAC meeting!
- Please complete CSPAC evaluation
- For questions, please contact Anne Geissinger at anne.geissinger@dhhs.nc.gov

Upcoming Meetings – invite a colleague!

- May 10, 2023, 10:00 – 11:30 AM
- August 9, 2023, 10:00 – 11:30 AM
- November 8, 2023, 10:00 – 11:30 AM