



NC Department of Health and Human  
Services

## NC Comprehensive Suicide Prevention Advisory Council (CSPAC) Meeting

August 10, 2022

# Welcome to the Comprehensive Suicide Prevention Advisory Council (CSPAC) Meeting

- For questions during the meeting:
  - Please put your questions in the chat box, which will be monitored for the duration of the meeting. **Note:** you need to send to all panelists and attendees to ensure your question is addressed in a timely manner.
  - If you would like to ask a question to a specific presenter, please be sure to include their name in your question.
- The meeting recording, agenda and PowerPoint slides will be added to IFNC website after the meeting.

# Meeting Goals

1. Share updates on partners' projects
2. Share updates on CSP projects
3. Share member updates

# CSPAC Ground Rules

- No one knows everything but together we know a lot
- Recognize the limits of your perspective
- Take space, make space
- We can't be articulate all the time (half-baked ideas are welcome)

# Agenda

- Welcome
- Member presentation: “You Belong Here” Documentary
  - Breanna Culler, MSW
- Member presentation: 988 Rollout
  - Lisa DeCiantis, MA, LCMHC
- Share updates on CSP projects
  - CSP team
- Share member updates
  - CSPAC members
- Closing and announce next meeting

# “You Belong Here” Documentary Screening

*Breanna Culler*

# 988 Rollout

*Lisa DeCiantis*

# CSP Updates

*CSP Team*



# 2022 State Health Improvement Plan

- Healthy North Carolina 2030
- Health Indicator #19: suicide rate
- 2030 Target: reduce suicide rate from 13.8 to 11.1 (age-adjusted deaths from self-harm per 100,000 people)
- Co-leads for SHIP work: Catherine English & Sue Anne Pilgreen

#	Policy (Levers for Change)	DPH Work
1	Implement policies targeted to decrease access to lethal means	Firearm safety teams (FST), gatekeeper training, CALM training
2	Increase programs that provide mental health services and support for LGBTQ+ youth	Updating Ally training (training for staff on how to be an ally to LGBTQ+ students including 1.75 hrs. on suicide prevention)
3	Increase programs that provide mental health services and support for military veterans	Gatekeeper training
4	Create trauma-informed schools with access to mental health providers	Working with DPI on SP training and education for staff
5	Modernization of data systems	DPH is currently working on this
6	Expand rapid access to crisis services, including implementing the national 988 numbers	Supporting 988 through sharing advertising campaign with partners, social media, etc.

# Faith Leaders for Life

- 113 applicants
- 3 cohorts, each meeting for 5 weeks of facilitated conversation and collaboration
  - September 2022, October 2022, January 2023
- LivingWorks Faith gatekeeper training program
- Participants who complete the program will be given 10 LivingWorks Start (virtual training) licenses to share with their peers or colleagues



# Tangible Effects for Participants

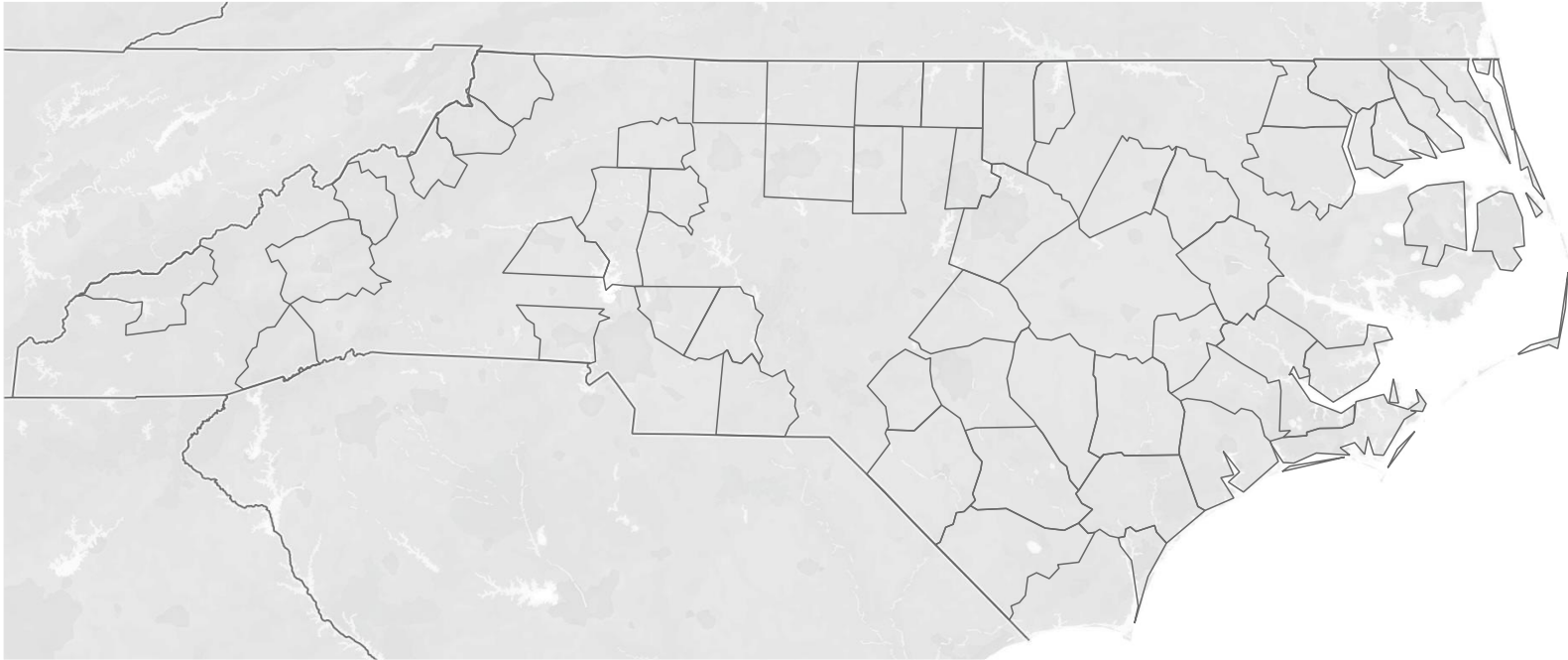
- After completing Faith Leaders for Life, our hope is that participants will:
  - Intervene when a congregant shows warning signs of suicide risk
  - Incorporate appropriate suicide prevention programming (e.g., sermons addressing suicide, planning events about suicide prevention, etc.)
  - Feel more confident to respond when their congregation or community loses an individual to suicide
  - Seek support from with their fellow participants
  - Encourage peers and colleagues to engage with suicide prevention efforts and complete suicide prevention training

# Tangible Effects for Communities

- Meet people where they are...and that often means in their place of worship
- Increased knowledge of resources and supports in communities across North Carolina
  - Faith leaders often serve as lifesaving bridges across gaps in care
- Increased numbers of knowledgeable, capable “gatekeepers” who can prevent or intervene in a crisis
- Increased levels of community support following a suicide loss

# Faith Leaders for Life, Counties Served

43 counties represented



# Faith Leaders for Life, Denominations

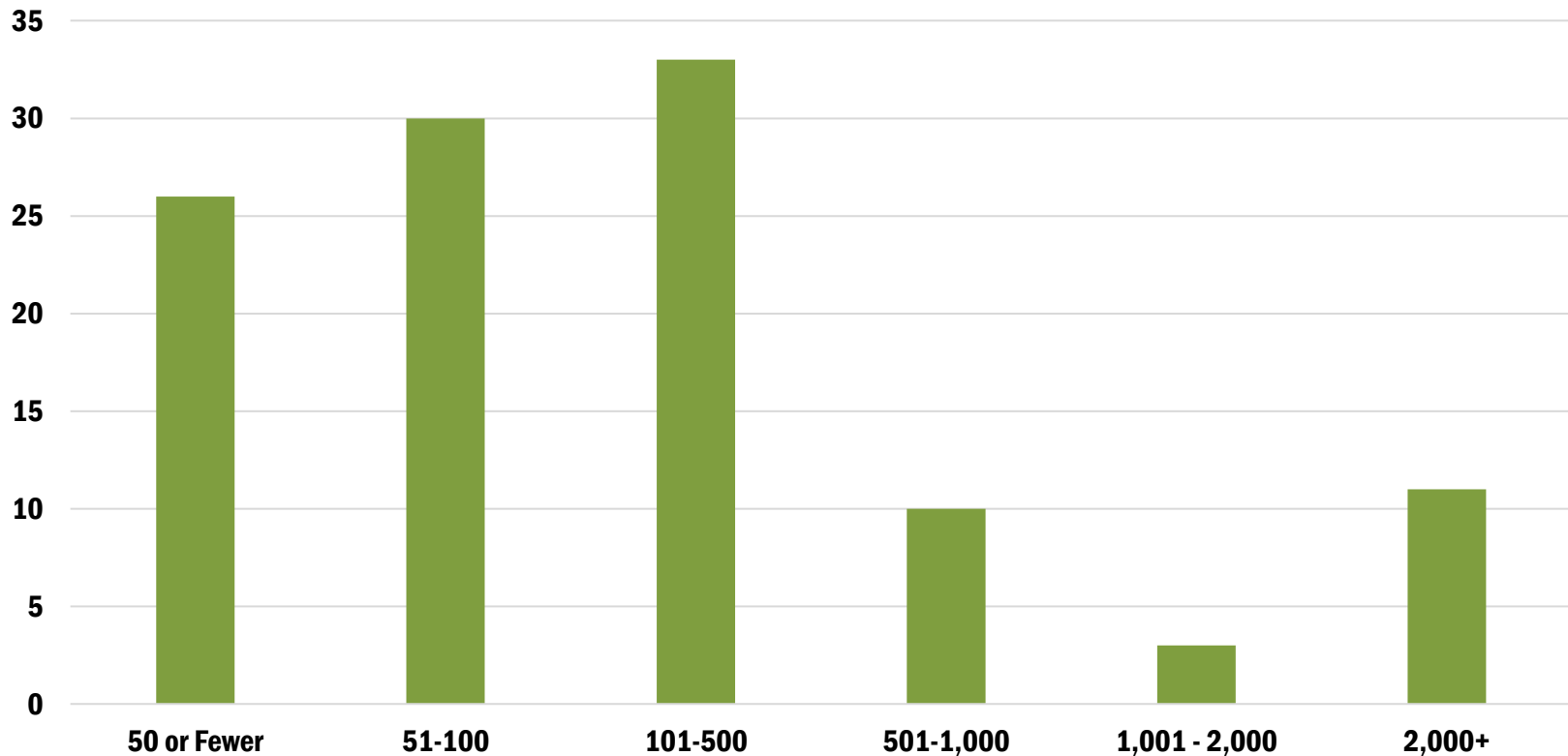
- Faith leaders represent diverse denominations across North Carolina

Denomination	Number of Attendees	Estimated Members in Attendee Congregations
Nondenominational	32	12,000
Baptist	26	7,000
Methodist	25	17,000
Pentecostal	8	1,000
Lutheran	3	2,000
Catholic	2	3,000
Presbyterian	2	3,000
Other	15	8,000

Source: Faith Leaders for Life Applications, July 2022

# Faith Leaders for Life, Congregants

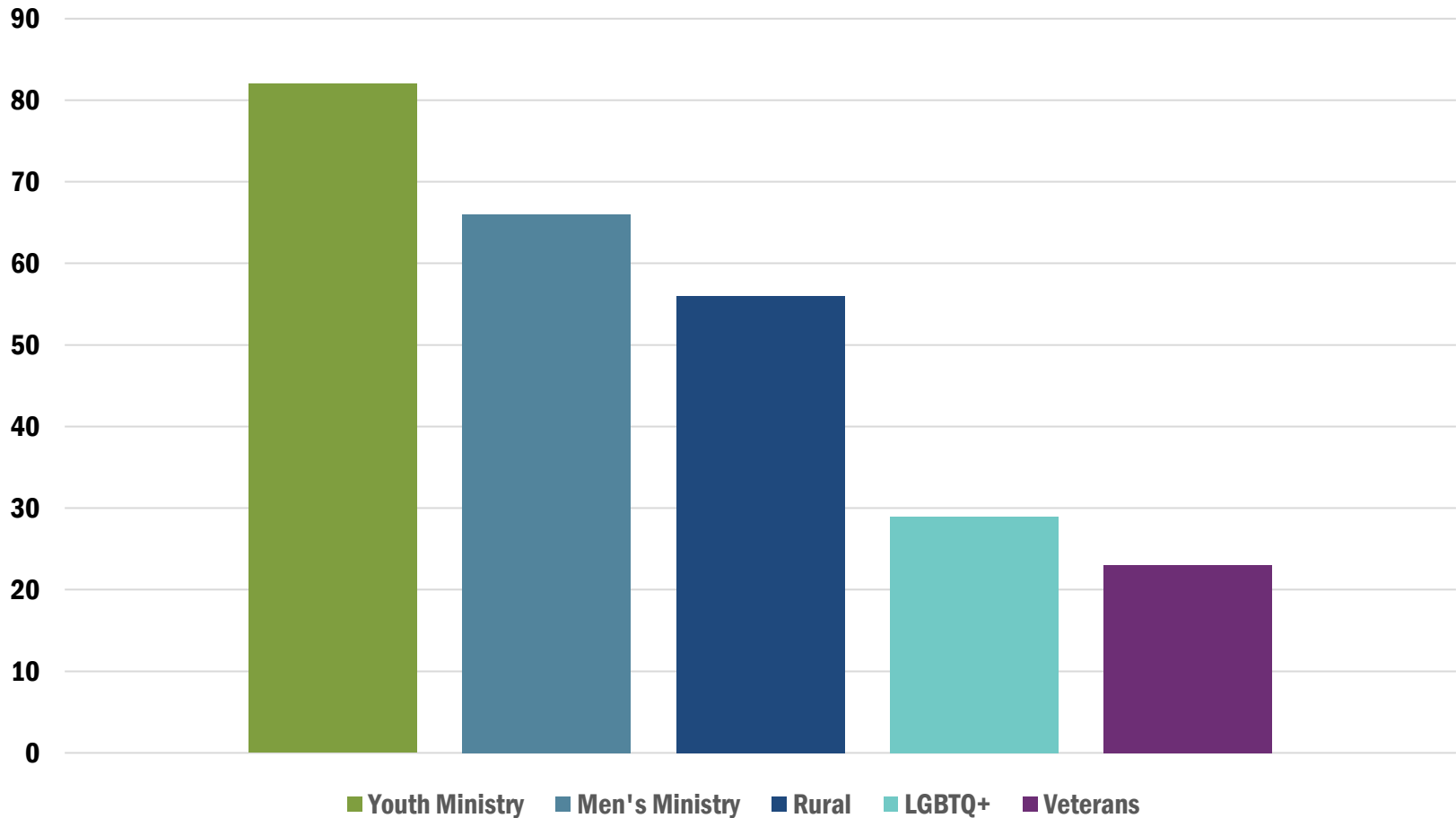
- Approximately 52,000 congregants are served by Faith Leaders for Life attendees
- Most congregations represented have 500 members or less



Source: Faith Leaders for Life Applications, July 2022

# Faith Leaders for Life, Congregants

## Number of Congregations with Specific Ministries or Populations



Source: Faith Leaders for Life Applications, July 2022



# Start with Veterans



- LivingWorks Start gatekeeper training
  - 60–90-minute virtual training
- Increase skills of those who may interact with Veterans and Service Members

Organization	Location	Licenses
Syringe Services Programs and PORT (Post-Overdose Response Teams)	State-wide	20
Hire Heroes	Raleigh, NC	27
Oasis Rape Crisis Center	Western NC	16
Total Thus Far		<b>63</b>
Licenses left to Give Out		437

# 2022 Injury-Free NC Academy

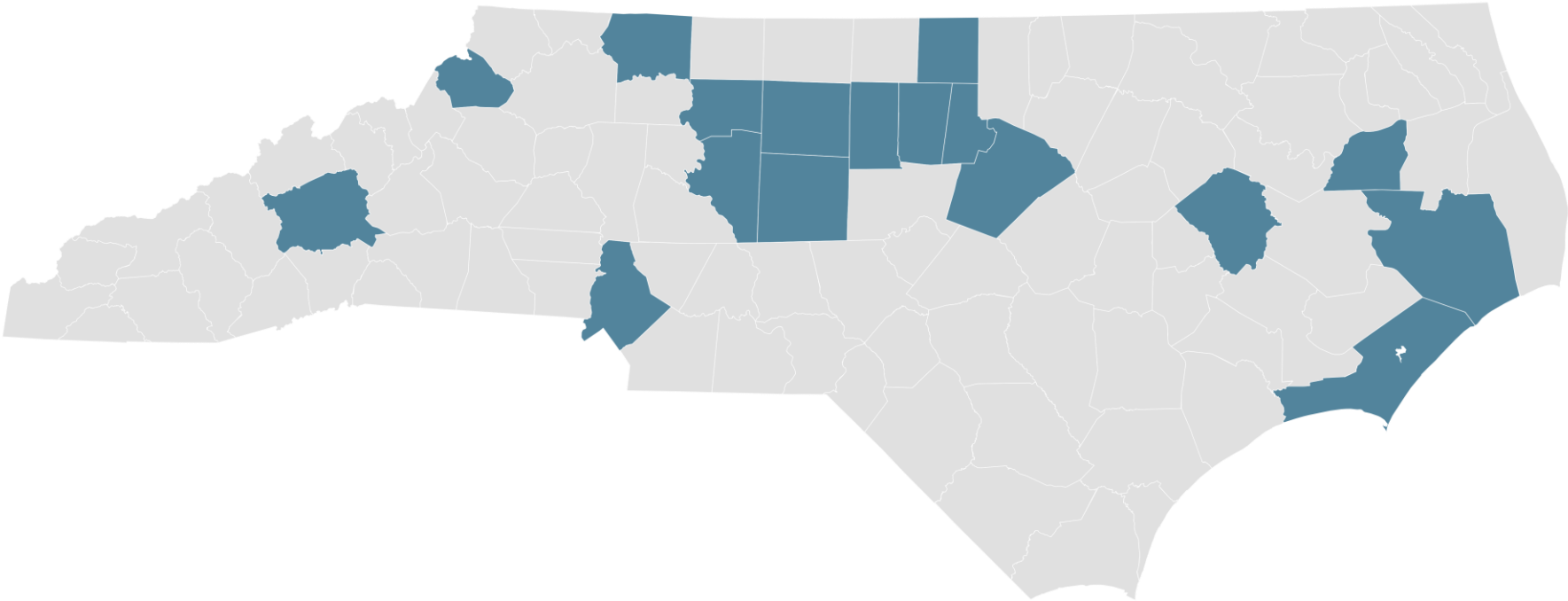
- Focus: youth suicide prevention
- Features national and local speakers
- Topics include:
  - Suicide prevention in North Carolina
  - Black youth mental health
  - Self-care and resilience for adults who work with youth
  - 2SLGBTQ+ youth suicide and how it's impacted by school policy
  - Latinx youth mental health and suicide; school and family collaboration
  - Postvention for schools
  - Suicide intervention, risk assessment, safety planning

# 2022 Injury-Free NC Academy

- Held virtually on August 17-18, 2022
- Teams serve 17 NC counties
- 15 teams (46 registrants)
  - 12 schools/school systems
  - 3 community supports

# 2022 Injury-Free NC Academy Applicants

Counties Represented



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# CSP Presentations

- July 2022:
  - Presentation for RFA recipients on effectively providing gun locks in your communities
  - Updated Secretary Kinsley on State Action Plan
- August 2022:
  - CSP Team presenting at Safe States Annual Conference
  - Connecting the Public to Suicide Prevention Resources
  - Collaborating to Improve Suicide Data Linkage: Insights from North Carolina

# Data Updates

***Shana Geary, MPH***

Full NC FASTER Report for January-March 2022

# Firearm-Related Emergency Department Visits in North Carolina

## Quarter 1: January - March 2022

There were **825** firearm-related ED visits from Jan-Mar 2022 compared to **1,155** from Jan-Mar 2021

Some counties and groups experienced a significant increase in firearm-related injury ED visits for January - March 2022.

County-Level Groups with Significant Increases in Firearm-Related Injury ED Visits in Q1 2022 vs. Prior 3-Year Average

County	Group	Number of Visits	Percent Increase
Alamance	Ages 25-44	8	+380%
	Black NH	15	+181%
	Male	18	+170%
Hertford	Ages 18-24	9	+350%
	White NH	6	+300%
	Total Visits	15	+275%
	Male	14	+250%
Iredell	Ages 25-44	7	+250%
	Black NH	7	+200%
	Male	12	+100%
Orange	Ages 18-24	7	+320%
	Male	18	+125%
Person	White NH	6	+350%
Wilkes	White NH	6	+260%
	Total Visits	6	+260%

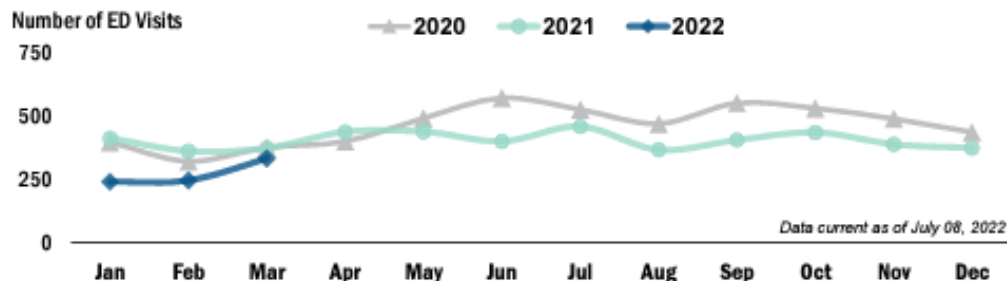
NH = Non-Hispanic

Note: Significant is defined as an observation count for Q1, 2022 that is > 2 standard deviations from the mean of observations for Q1 of 2019-2021.

The table is limited to top 15 county-level groups with the highest percent increase from the mean. There were a total of 22 county-level groups with significant increases in firearm-injury ED visits.

Firearm-related injury ED visits increased from January - March 2022, but were lower than in previous years.

Firearm-Related Injury ED Visits by Month: 2020-2022

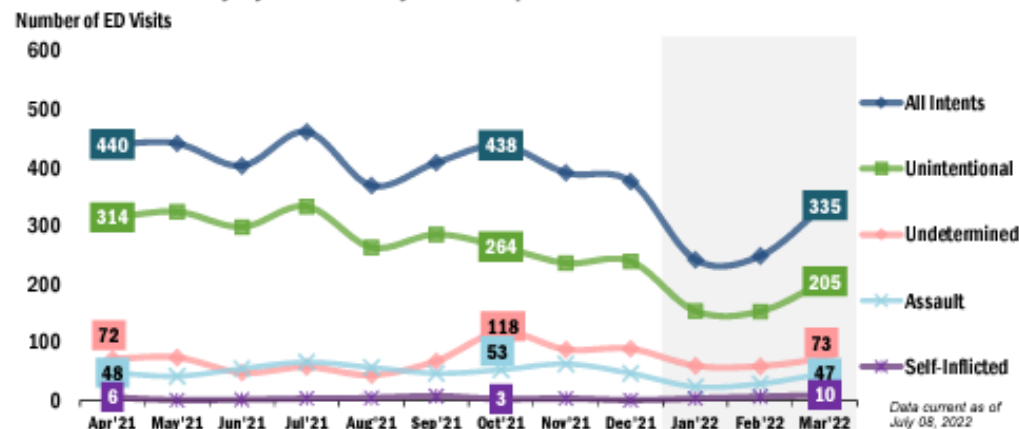


Data current as of July 08, 2022

The number of firearm-related injury ED visits in March 2022 was similar to March 2020 and 2021.

Most firearm-related injury ED visits (67%) from January - March 2022 were for unintentional injuries.

Firearm-Related Injury ED Visits by Intent: Apr 2021-Mar 2022

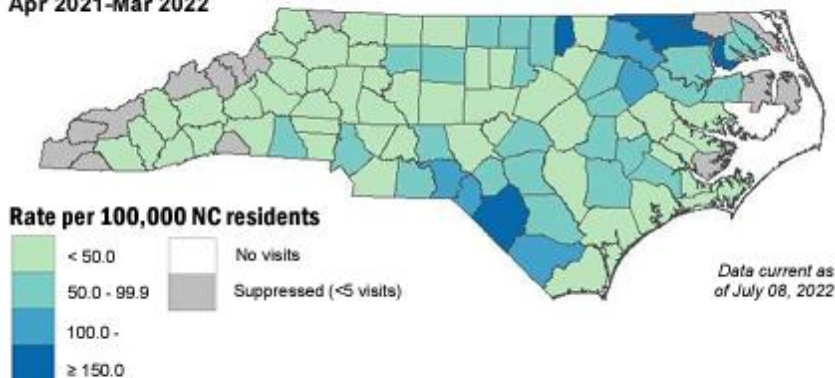


Data current as of July 08, 2022

Firearm injury ED visits increased during the current quarter (Jan-Mar 2022) across all intent categories. However, the number of firearm injury assaults and visits of undetermined intent remained similar to the number of visits seen during the previous 12 months.

## Rates of firearm-related injury ED visits were highest in Northampton, Robeson, and Vance counties.

Firearm-Related Injury ED Visit Rates by County of Residence:  
Apr 2021-Mar 2022



### Counties with the Highest Annual Firearm-Related Injury ED Visit Rates: Apr 2021-Mar 2022

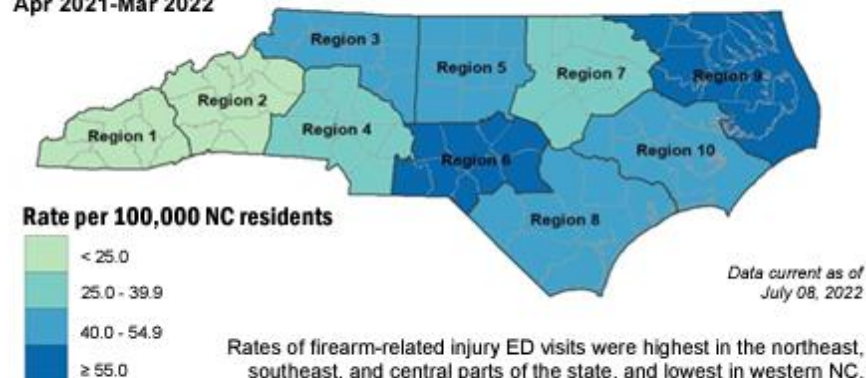
County	Count	Annual Rate <sup>†</sup>
Northampton	36	188.6
Robeson	244	187.7
Vance	82	183.4
Chowan	24	173.7
Hertford	36	155.8
Scotland	46	132.8
Halifax	62	125.3
Richmond	53	119.6
Edgecombe	58	114.1
Columbus	62	113.2
<b>Statewide</b>	<b>4,552</b>	<b>42.9</b>

Over half of non-suppressed counties (46/85) had annual rates lower than the state rate of 42.9 firearm-related ED visits per 100,000 residents. Ten counties had rates of 100 per 100,000 residents or higher.

<sup>†</sup> Rates are calculated using the most recent 12 months of data and 2020 population estimates. Counties listed in the 'Highest Rates of Firearm-Related Injury ED Visits' table will likely change each quarter. Therefore, the counties listed this quarter cannot be generalized as the top burden counties for the year.

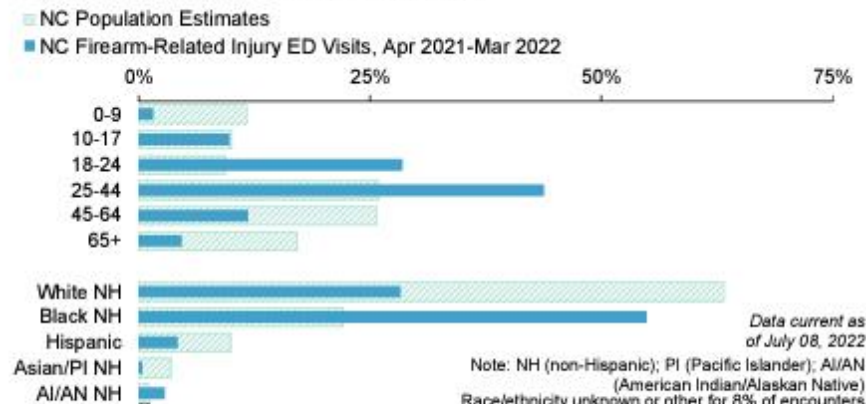
## Public Health Regions 6 and 9 experienced the highest firearm-related injury ED visit rates in the last 12 months.

Firearm-Related Injury ED Visit Rates by NC Public Health Region:  
Apr 2021-Mar 2022



## NH Black residents and young adults experience a disproportionate burden of firearm-related injury ED visits.

Demographics of Firearm-Related Injury ED Visits Compared to Overall NC Population Estimates: January - March 2022



18-24 and 25-44 year olds accounted for 28% and 44% of firearm-related ED visits despite representing only 9% and 26% of the population, respectively. Additionally, Non-Hispanic Black residents accounted for 55% of ED visits but only 22% of the population in the state.

### Preventing Firearm-Related Injuries: What Works



#### Storing Ammunition Separately

Storing ammunition in a locked location separate from firearms can reduce the risk of firearm injury, especially in households with children.

For more information, visit [www.ncdetect.org](http://www.ncdetect.org)





# Member Updates and Current Events

***CSPAC Members***

# CSPAC Updates

- We are so grateful for our CSPAC members!
- Updates to CSPAC makeup to ensure we are honoring and best utilizing the skills and time of members
  - New CSP strategies that involve building relationships with new partners
  - Will be “re-constituting” this fall to reflect these changes
  - Opportunity to choose if/how you would like to continue your participation starting in February 2023
- You will receive a brief survey before the November CSPAC meeting to gauge your interest in membership

# Closing

- Thank you for attending the CSPAC meeting!
- Please complete CSPAC evaluation
- For questions, please contact Anne Geissinger at [anne.geissinger@dhhs.nc.gov](mailto:anne.geissinger@dhhs.nc.gov)

## Upcoming Meetings

- November 9, 2022, 10:00 – 11:30 AM