



NC Department of Health and Human
Services

NC Comprehensive Suicide Prevention Advisory Council (CSPAC) Meeting

August 25, 2021

Welcome to the Comprehensive Suicide Prevention Advisory Council (CSPAC) Meeting

- We will start promptly at 10:00AM!
- For questions during the meeting:
 - Please put your questions in the chat box, which will be monitored for the duration of the meeting. **Note:** you need to send to all panelists and attendees to ensure your question is addressed in a timely manner.
 - If you would like to ask a question to a specific presenter, please be sure to include their name in your question.
- The meeting recording, agenda and PowerPoint slides will be sent out within 7 business days of this meeting.

Meeting Goals

- Share updates on suicide prevention activities and events.
 - CSP Academy, training, and funding
 - Firearm legislation
- Introduce new CSPAC guiding documents.
 - Present CSPAC Goals and Activities and how they fit into CSP Strategies
 - Present CSPAC Membership Guidelines
- Begin building workgroups.
- Provide information on data dashboard.

CSPAC Ground Rules

- No one knows everything but together we know a lot
- Recognize the limits of your perspective
- Take space, make space
- We can't be articulate all the time (half-baked ideas are welcome)

Updates

- CSP Academy: August 10-11
 - 54 participants across 16 teams
 - 3 teams serve statewide; 13 teams serve 14 counties
 - 4 national speakers



Updates Continued

- Counseling on Access to Lethal Means (CALM) training
 - August 20
 - 50 attendees

- CALM Train-the-Trainer
 - September and October
 - 23 participants invited to attend

New Comprehensive Suicide Prevention Funding

Jane Miller

CSP Funding Updates

- RFA application period: August 2 – September 8, 2021
 - Up to 7 recipients for \$200,000 each
 - Funding through CDC and American Rescue Act
- COVID-19 Equity Funds
 - Gatekeeper training for those who serve justice-involved populations

Firearm Legislation Update

Kella Hatcher

CSPAC Strategies & Goals

Jane Miller

CSP Strategies

CSP Injury-Free NC Academy

Provide training to community groups on developing and implementing targeted suicide prevention strategies

Telemental Health (TMH): Suicide Risk Assessment in a Virtual World

Collaborate with NC Department of Public Instruction on Suicide Prevention Modules for Schools

Expand Access to Gatekeeper Training

Provide gatekeeper training to communities to recognize the signs and symptoms of suicide and act to prevent a suicide

Safe Firearms Storage Through Gun Safety Team (GST) Development Training

- ❖ Expand a curriculum designed to guide local communities to create Gun Safety Teams
- ❖ Provide technical support to new GSTs and gather GSTs into a state-wide coalition

Provide Counseling on Access to Lethal Means (CALM) Training Statewide

- ❖ Train trainers in CALM
- ❖ Provide CALM training to communities

Advancing the Strategies (RFA)

CSP Injury-Free NC Academy

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*RFA strategies highlighted in yellow

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CSPAC Year 2 Goals: 2021-2022

- Safe Storage: Create the Gun Safety Team (GST) Development Training
- Create Risk Assessment Tool for Telemental Health (TMH)

Goal:
Safe Storage: Create the Gun Safety Team (GST) Development Training

Create a work group focused on safe storage.

Review and discuss with Durham Gun Safety Team their Gun Safety document as a starting point.

Outline goals for this training, set timeline for work, and assign actions.

Share draft training with collaborative members for ideas and feedback.

NC CSP Team manage logistics for creating the actual training (hire tech, hire actors, etc.?).

Complete training.

Complete internal review process at DPH then post to website.

Design and enact communication plan to get the word out about this training.

Provide technical assistance to 7 RFA recipients who will each create a local GST; locate CSPAC members interested and available to assist in this work.

Goal:
**Create Risk Assessment
Tool for Telemental Health
(TMH)**

Review and analyze data gathered through statewide survey to professionals that identifies.

1. How much suicide prevention training professionals receive, and
2. If they are comfortable enacting that training with an at-risk patient.

Use data to:

- Create a report on this topic.
- Decide who should see this report and how.
- Based on this data/report, decide what tools to create for screening for suicide risk with TMH; ask collaborative members for ideas and feedback.

Outline goals for each tool, set timeline for work, and assign actions.

Design/create each tool.

Decide and design a method for disseminating this work; note that this work should be focused on multiple levels of the SEM from standard guides used in the office-to-office policy to insurance policy.

CSPAC Membership Guidelines

Megan Lueck

CSPAC Membership

- Participate in a respectful and constructive manner that honors all participants' diverse and equally important voices.
- Integrate issues of health equity in all CSPAC approaches and activities.
- Participate in an innovative approach to comprehensive suicide prevention based upon the following guiding principles:
 - Use of a public health approach to comprehensive suicide prevention.
 - Utilize CDC research-based strategies.
 - Focus on prevention and early intervention of suicide (before crisis).
 - Identify and pursue statewide partnerships for a more complex and complete network.
 - Focus strategies to multiple tiers of society, including a wide variety of work, school, and community settings.
 - Utilize a data-driven approach to inform creation and implementation of comprehensive suicide prevention work.

CSPAC Membership

- Strategic Members will attend quarterly CSPAC meetings and participate actively in work groups between the quarterly meetings.
- Collaborative Members will be updated quarterly on CSPAC progress and be invited to provide ideas and feedback on current projects. Collaborative Members will be expected to attend one annual CSPAC meeting.

Worthwhile Collaboration

- We want CSPAC membership to be a positive experience!
- We value your time and don't want to contribute to burnout or cognitive overload.
- *Let us know where you fit!*

CSPAC Interest Form

- Complete a [brief form](#) to let us know what works for you.
 - Due 5 PM on Friday, September 3
- We will let everyone know the strategic and collaborative members of CSPAC by Friday, September 10

Data Update & Discussion

Shana Geary

THANK YOU!

- For questions, please contact Anne Geissinger at anne.geissinger@dhhs.nc.gov

Upcoming Meetings

- Wednesday, November 17, 2021, 10:00 – 11:30AM
- Wednesday, February 9, 2021, 10:00 – 11:30AM
- Wednesday, May 11, 2022, 10:00 – 11:30AM